

Pre-Anesthesia Instructions

- **Eating / Drinking**
 - For anesthesia, it is of utmost importance that patients have nothing to eat or drink prior to the scheduled appointment. Failure to strictly follow these instructions could result in aspiration and may be fatal.
 - No food or drink after **midnight** the day prior to surgery. Medications should be taken with sips of water.

- **Clothing**
 - Please wear a short sleeve loose shirt and comfortable pants. Children should be in a T-shirt and pajama pants or shorts. Do not wear **nail polish**. Contact lenses must be removed before anesthesia. Please do not bring anything valuable or wear any jewelry.

- **Change in health or medications**
 - *****A change in health, especially the development of a cold, cough, or fever is EXTREMELY important. Please notify our office if there is any change in your health. Your appointment may need to be rescheduled.*****

- **DAY OF SURGERY**
 - DO NOT EAT OR DRINK ANYTHING
 - Long hair should to tied back (low or side bun)
 - Please be patient as there may be some wait times due to other cases running longer than planned, we will try our best to get patients seen as quickly and as safely as possible.

The Anesthesiologist reserves the right to cancel the scheduled surgical appointment for any reason that may jeopardize the safety of the anesthetic procedure.